

DIPLOMA IN COUNSELLING AND GUIDANCE

PAPER 3 : UNDERSTANDING BEHAVIOURAL DISORDER

UNIT 1 : NORMALITY AND ABNORMALITY

- 1.1 Introduction
- 1.2 Normality.
- 1.3 Abnormality and Psychopathology
- 1.4 Models of Abnormality
- 1.5 Need for Classification of Abnormal Behaviour
- 1.6 Types of Classification

UNIT 2 : ORGANIC AND PSYCHOTIC DISORDERS

- 2.1 Organic disorders – Delirium, Dementia, Amnesic disorder
- 2.2 Psychotic disorders Schizophrenia Other Psychotic Disorders, Delusions, Mood [Affective] Disorder -Manic Episode, Depression, Bipolar Disorder.
- 2.3 Substance use disorders- Designated Classes of Substances, Tobacco Dependence, Alcohol Dependence.

UNIT 3 : PSYCHOPATHOLOGY OF NEUROTIC, STRESS RELATED AND SOMATOFORM DISORDERS

- 3.1 Anxiety Disorders
- 3.2 Other Anxiety disorders: Post-Traumatic Stress Disorder, Obsessive Compulsive disorder, Dissociative Disorders, Somatoform disorders,
- 3.3 Personality Disorders: Paranoid Personality Disorder, Schizoid Personality Disorder, Schizotypal Personality Disorder, Antisocial Personality Disorder, Borderline Personality Disorder, Histrionic Personality Disorder, Narcistic personality disorder, Avoidant Personality Disorder, Dependent personality disorder, Obsessive compulsive personality disorder, Impulse Control Disorders (Mobile and Internet addiction)

UNIT 4 : NEURO DEVELOPMENTAL DISORDERS

- 4.1 Introduction
- 4.2. Autism Spectrum Disorder (ASD)
- 4.3. Attention Deficit/Hyperactivity Disorder (ADHD)

4.4 Intellectual Disability (ID)

4.5 Specific Learning Disorder (SLD)

4.6 Communication Disorders: a. Language Disorder b. Speech Sound Disorder c. Childhood-Onset Fluency Disorder (Stuttering) d. Social (Pragmatic) Communication Disorder

4.7 Motor Disorders: a. Developmental Coordination Disorder (DCD) b. Stereotypic Movement Disorder c. Tourette's Disorder d. Persistent (Chronic) Motor or Vocal Tic Disorder

4.8. Other Neurodevelopmental Disorders: a. Fatal Alcohol Spectrum Disorders (FASD) b. Rett Syndrome c. Childhood Disintegrative Disorder d. Other specified neurodevelopmental disorder e. Unspecified neurodevelopmental disorder

Diploma in Counselling and Guidance

PAPER 4 : AREAS OF COUNSELLING

UNIT 1 : FAMILY COUNSELLING, MARITAL COUNSELLING AND GERIATRIC COUNSELLING.

1.0 Introduction

1.1 Family counselling

1.1.1 Family life cycle

1.1.2 Types of family counseling

1.1.3 Approaches to family counseling

1.1.4 Family counseling process

1.1.5 Assessment in family counselling

1.2 Marital counselling

1.2.1 Couple counselling

1.2.2 The process

1.2.3 Three stages model

1.2.4 Counselling couples with psychosexual difficulties

1.3 Geriatric counselling

1.3.1 Introduction

- 1.3.2 Characteristics of ageing
- 1.3.3 Process of geriatric counselling
- 1.3.4 Types of geriatric counselling
- 1.3.5 Issues in geriatric counselling
- 1.3.6 Counselling the caregiver
- 1.3.7 Counselling for prevention of elder abuse
- 1.3.8 Counselling for intergenerational issues.
- 1.3.9 Counselling for healthy aging

UNIT 2 : EDUCATIONAL AND CAREER COUNSELLING

2.1 EDUCATIONAL COUNSELING

- 2.1.0 Introduction:
- 2.1.1 Nature and Scope:
- 2.1.2 Counseling needs of primary, secondary and college students
- 2.1.3 Role of teachers in counseling.
- 2.1.4 Problems in the educational setting
- 2.1.5 Dealing with different groups.

2.2 Career Counselling

- 2.2.1 Nature and Scope Of Career Counseling
- 2.2.2 Importance of Career Counseling
- 2.2.3 Theories Of Career Development
- 2.2.4 Career Counselling for Different Groups

UNIT 3 : CHILD COUNSELLING

- 3.0 Introduction
- 3.1 Child Assessment and Evaluation.
 - 3.1.1 Clinical Interview.
 - 3.1.2 Family Interview.
 - 3.1.3 Components of Child Interview.
- 3.2 Areas of Child Intervention.
 - 3.2.1 Developmental Delays.

3.2.2 Psycho physiological dysregulation.

3.2.3 Behavioural Disorders.

3.2.4 Disturbed Social Development.

3.2.5 Anxieties and Phobias in Children.

UNIT 4: CORPORATE COUNSELLING AND GUIDANCE.

4.1 CORPORATE COUNSELING

4.1.1: INTRODUCTION

4.1.2: INDIVIDUAL DIFFERENCES IN PERSONAL CHARACTERISTICS

4.1.3 STRESS

4.1.4: ABSENTEEISM

4.1.5: WORK LIFE BALANCE

4.1.6 CONFLICT AND CONFLICT RESOLUTION.

4.1.7 JOB HOPPING

4.1.8 WORKPLACE HARASSMENT

4.2 GUIDANCE

4.2.1 INTRODUCTION

4.2.2 NATURE OF GUIDANCE

4.2.3 TYPES OF GUIDANCE

4.2.4 EDUCATIONAL GUIDANCE.

4.2.5 SOCIAL GUIDANCE.

4.2.6 PERSONAL GUIDANCE.

4.2.7 VOCATIONAL GUIDANCE.

DIPLOMA IN COUNSELLING AND GUIDANCE

PAPER 5 : Practical -1- Case History Taking and Behaviour Analysis.

PAPER 6 : Practical -2- Psychological Assessments. Counselling Skills