

DIPLOMA IN CHILD & SCHOOL COUNSELLING

PAPER 3 : UNDERSTANDING CHILD DEVELOPMENT

UNIT I : DEVELOPMENTAL STAGES IN CHILDREN AND CHILD ASSESSMENT

STRUCTURE

- 1.0 Introduction:
- 1.1 Development in childhood
 - 1.1.1 Motor development
 - 1.1.2 Sensory and perceptual development
 - 1.1.3 Language development
 - 1.1.4 Socio emotional Development
 - 1.1.5 Moral development
 - 1.1.6 Socio – cultural development
- 1.2 Child Assessment and Evaluation
 - 1.2.1 Clinical Interview
 - 1.2.2 Family Interview
 - 1.2.3 Components of Child Interview
 - 1.2.4 Mental Status Examination

UNIT II : INTELLECTUAL DISABILITY, SLD

STRUCTURE:

- 2.0 Introduction.
- 2.1 Intellectual Developmental Disorder
 - 2.1.1 Diagnostic features of Intellectual Disability
 - 2.1.2 Acquired and developmental factors for ID
 - 2.1.3 Assessment.
 - 2.1.4 Management.
- 2.2 Specific Learning Disability.
 - 2.2.1 Reading Disorder.

- 2.2.2 Mathematics Disorder.
- 2.2.3 Disorder of written Expression.
- 2.2.4 Assessment.
- 2.2.5 Management.

UNIT III: AUTISM SPECTRUM DISORDER, LANGUAGE AND COMMUNICATION DISORDERS

STRUCTURE:

- 3.0 Introduction – Autism Spectrum Disorders
- 3.1 Autistic Disorder
- 3.2 Asperger’s Syndrome
- 3.3 Rett’s disorder
- 3.4 Childhood disintegrative disorder
- 3.5 Etiology
- 3.6 Assessment.
- 3.7 Management
- 3.8 Language and Communication Disorders
 - 3.8.1 Expressive language disorder
 - 3.8.2 Mixed Receptive – Expressive Language disorder
 - 3.8.3 Phonological disorder
 - 3.8.4 Stuttering
 - 3.8.5 Assessment of Speech Disorders
 - 3.8.6 Management

UNIT IV : ADHD, BEHAVIOR DISORDER AND ODD

STRUCTURE:

- 4.0 Introduction
- 4.1 Attention Deficit Hyperactivity (ADHD)
 - 4.1.1 Clinical Features
 - 4.1.2 Prevalence
 - 4.1.3 Etiology (Causes)
 - 4.1.4 Diagnosis
 - 4.1.5 assessment

- 4.1.6 Management
- 4.2 Oppositional Defiant Disorder
 - 4.2.1 Clinical Description and associated features.
 - 4.2.2 Prevalence.
- 4.3 Conduct problems and Conduct Disorder
 - 4.3.1 Clinical Description and associated Features.
 - 4.3.2 Subtypes
 - 4.3.3 Prevalence
 - 4.3.4 Co morbidity.
- 4.4 Etiology of Disruptive Behaviour Disorders.
- 4.5 Assessment.
- 4.6 Management of Disruptive Behaviour Disorders.
- 4.7 Specific Interventions.

DIPLOMA IN CHILD & SCHOOL COUNSELLING

PAPER 4 : CHILDHOOD DISORDERS & SCHOOL COUNSELLING

UNIT I : DISORDERS OF INFANCY AND CHILDHOOD- ANXIETY & CONVERSION, REACTIVE ATTACHMENT DISORDER

STRUCTURE:

1.0. Introduction

1.1. Anxiety Disorders

1.1.1 Separation Anxiety Disorder

1.1.2 Panic Disorder

1.1.3 Obsessive Compulsive Disorder

1.1.4 Specific Phobia

1.1.5 Post Traumatic Stress Disorder (PTSD)

1.1.6 Reactive Attachment Disorder of Infancy or Early Childhood.

1.1.7 Conversion Disorder.

1.2. Assessment of Anxiety Disorders.

1.3. Management of Anxiety Disorders.

**UNIT II : OTHER CHILDHOOD DISORDERS - ELIMINATION DISORDERS ,
TIC'S DISORDER, FEEDING AND EATING DISORDER**

STRUCTURE:

2.0 Introduction.

2.1 Elimination Disorders.

2.1.1 Encopresis.

2.1.2 Enuresis.

2.1.3 Assessment.

2.1.4 Management.

2.2. Tic's Disorder.

2.2.1 Tourette's Disorder.

2.2.2 Chronic Motor or Vocal Tic Disorder.

2.2.3 Transient Tic Disorder.

2.2.4 Assessment.

2.2.5 Management.

2.3. Feeding and Eating Disorders.

2.3.1 Pica.

2.3.2 Rumination Disorder.

2.3.3 Feeding Disorder of Infancy and Childhood.

2.3.4 Management of Feeding and Eating Disorders.

2.4 Other Eating Disorders of Clinical Importance.

UNIT III : CHILD ABUSE AND CHILDREN WITH OTHER CHALLENGES

STRUCTURE:

3.0 Introduction.

3.1 Child Abuse: Nature.

3.2 Forms of Child Abuse.

- 3.3 Etiological Factors in Child Abuse.
- 3.4 Predisposing Factors.
- 3.5 Management of Child Abuse.
- 3.6 The Roles of Professionals in Child Abuse.
- 3.7 Street Children.
- 3.8 Child Labour.
- 3.9 Institutionalised Children.
- 3.10 Children with Disabilities.

UNIT IV : EDUCATIONAL AND SCHOOL COUNSELING

STRUCTURE

- 4.0 Introduction
- 4.1 Nature and scope
- 4.2 Counseling needs of primary, secondary and college students
 - 4.2.1 Role of teachers in counseling.
 - 4.2.2 Problems in the educational setting:
 - 4.2.3 Dealing with different groups.
- 4.3 Career Counseling
 - 4.3.1 Nature and Scope of Career Counseling
 - 4.3.2 Importance of Career Counselling
 - 4.3.3 Theories of Career Development.
 - 4.3.4 Career Counselling for different groups.

DIPLOMA IN CHILD & SCHOOL COUNSELLING

PAPER 5: Practical -1- Case History Taking and Behaviour Analysis.

PAPER 6: Practical -2- Psychological Assessments. Counselling Skills